



# BRYN MAWR TERRACE

MAIN LINE SENIOR CARE ALLIANCE

A Healthy Tradition of Care and Wellness

## Senior Care Tips: Dispelling Skilled Nursing Care Myths

Skilled nursing facilities often have the stereotype view of austere buildings and long hallways of beds filled with older people who do nothing more than eat, sleep and take their medications several times a day. However, nothing could be further from the truth at Bryn Mawr Terrace, rated “**Best in Senior Care.**”

### Life-Enhancing Services and Amenities Abound

At Bryn Mawr Terrace, we recognize the mental and physical benefits of keeping loved ones actively engaged as well as the value of life enhancing services and amenities. Here you'll find senior care at its best that includes:

- **Life-Enriching Programs and Activities** – For example: community outings; musical entertainment, dance performances; pet visitation; theme and holiday parties; exercise groups; arts and crafts; movies; engaging games and much more.
- **Comfortable Surroundings That Help You Relax and Enjoy** – Our lounges, activities room and outdoor patio offer welcoming, inviting places where our residents can gather to participate in activities, enjoy one another's company and be a part of our community. Additionally, private areas are available for residents to entertain visiting family and friends.
- **Dining That Is Both Tasteful and Nutritious** – With a reputation for healthy meals and attention to service, Bryn Mawr Terrace offers an inviting dining experience. Meals are served in a beautifully appointed dining room where our trained servers take time to assist residents with daily choices focusing on personal needs and tastes.
- **Religious Services** – Bryn Mawr Terrace respects our residents' beliefs and the importance of spiritual life. Loved ones have the opportunity to attend religious services on-site, representing a variety of faiths. Many religious holidays are also observed and celebrated at our community and everyone is welcome.

Here, senior care is about living a purposeful life where residents can look forward to each new day. We welcome you to stop in for a tour to see for yourself why we've been rated the “Best of the Main Line.”

### A Healthy Tradition of Care and Wellness

Located near Bryn Mawr Hospital, Bryn Mawr Terrace – part of [Main Line Senior Care Alliance](#) – has provided exceptional care and services to seniors and their families since 1966. It's a tradition we're proud to continue.

Today, Bryn Mawr Terrace serves as a Continuing Care Retirement Community (CCRC), offering a range of services – including [short-term rehabilitation](#), [traditional nursing care](#), [independent living](#), [personal care](#), [memory care](#), [restorative care](#) and [respite care](#) – all in a setting that is warm, welcoming and nurturing.

**For more information on Bryn Mawr Terrace and our variety of needs-based lifestyle services, please call us at (610) 525-8300 or [contact us](#) online.**

***Disclaimer:** The articles and tip sheets on this website are offered by Bryn Mawr Terrace and Main Line Senior Care Alliance for general informational and educational purposes and do not constitute legal or medical advice. For legal or medical advice, please contact your attorney or physician.*