



# BRYN MAWR TERRACE

MAIN LINE SENIOR CARE ALLIANCE

A Healthy Tradition of Care and Wellness



## EXPERIENCE THE NON-PROFIT DIFFERENCE.

Bryn Mawr Terrace, part of Main Line Senior Care Alliance, is a non-profit organization. As such, we have an enduring commitment to older adults that stems from our philanthropic mission. We focus the entirety of our resources on the care and comfort of our residents. Our highly trained professional staff, array of services and homelike environment all serve to enrich our residents' quality of life.



WELCOME TO BRYN MAWR TERRACE.

A HEALTHY TRADITION  
OF CARE AND WELLNESS.

Since 1966, Bryn Mawr Terrace has provided exceptional care and services to seniors and their families. It's a tradition we're proud to continue.

As seniors' needs and healthcare have changed over the decades, we too have evolved. Today, Bryn Mawr Terrace serves as a continuing care retirement community, offering a range of services including short-term rehabilitation therapy, traditional nursing care, independent living, personal care, memory care, restorative care and respite care . . . all in a setting that is warm, welcoming and nurturing.

Our compassion, continued dedication and commitment to seniors and their families have earned Bryn Mawr Terrace a well-respected reputation for unequalled quality. As a result, we are the senior care community of choice for both physicians and families in the area.

WE INVITE YOU TO BE A PART  
OF OUR TRADITION.





THE CARE YOU NEED.  
THE PEOPLE YOU TRUST.

At Bryn Mawr Terrace, it is our mission to not only promote the physical and emotional well-being of our residents, but to also provide their families with peace of mind, knowing they can entrust their loved ones to our compassionate care. To us, caring for seniors is more than our profession; it's our purpose. Our genuine concern for those in our care is evident in everything we do.

SHORT-TERM REHABILITATION THERAPY.

Following a hospital stay, often additional time, care and support are needed to allow for a successful recovery. With a staff of physical, occupational and speech therapists, we offer short-term rehabilitation that provides residents with custom recovery plans tailored to their needs. Using a team approach that includes skilled nursing, medical, rehabilitation, dietary and discharge planning services, our goal is to help residents achieve a smooth and safe transition home.



TRADITIONAL NURSING CARE.

For those who have made Bryn Mawr Terrace their home, we provide 24-hour care and skilled nursing services delivered by a dedicated team of registered nurses, licensed practical nurses and certified nursing assistants. All care is overseen by our Medical Director who specializes in geriatrics.

MEMORY CARE.

We also provide a specialized program for those with Alzheimer's disease or dementia, delivered in a dedicated area that is safe and secure. Meaningful activities and opportunities for socialization are offered based upon individual abilities.

## INDEPENDENT LIVING & PERSONAL CARE ASSISTANCE.

Independent living and personal care residents enjoy privacy and independence in fully furnished suites within a separate residential area. Residents have access to a variety of supportive services if needed, as well as all community amenities and activities.

## RESTORATIVE CARE.

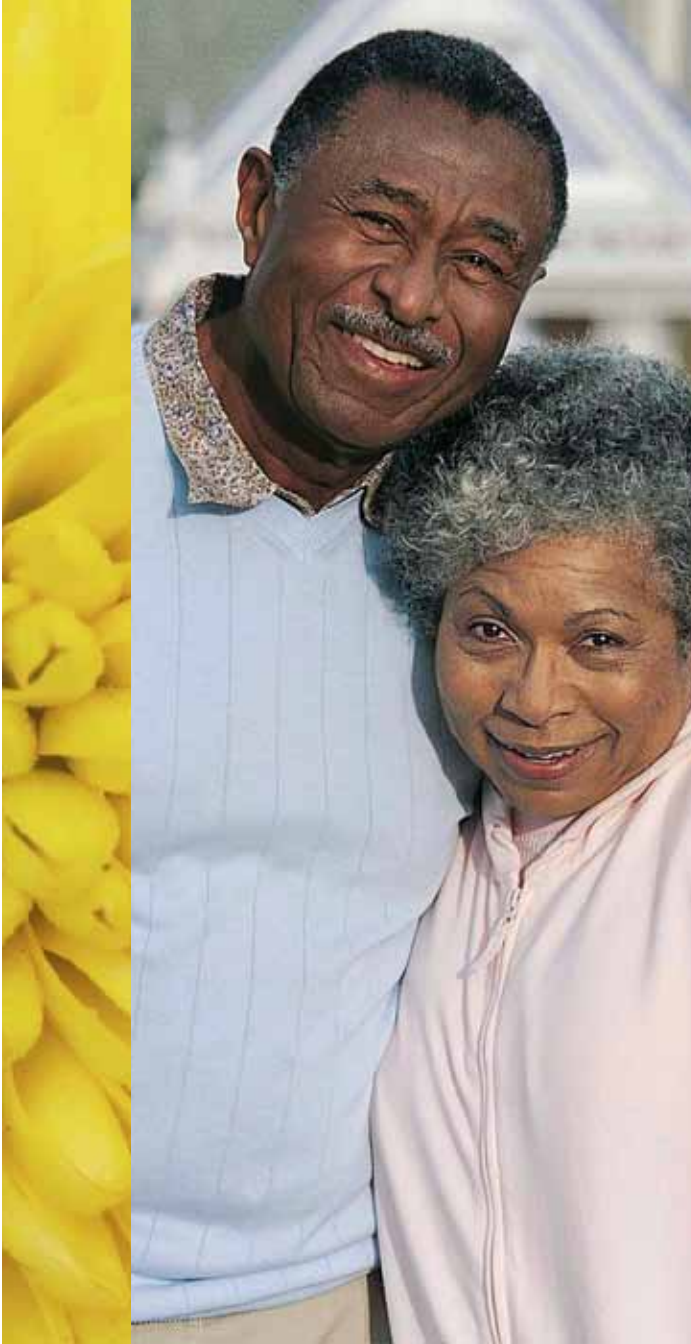
Restorative care is ideal for residents who want to maintain their strength, balance and mobility. This program supplements physical and occupational therapies with individualized exercise routines guided by specially-trained nursing assistants.

## RESPITE CARE.

Respite care provides family caregivers and their loved ones a break from the typical care routine. Caregivers are afforded some down time and can rest easy, while loved ones benefit from care and support provided within the safe, nurturing environment at Bryn Mawr Terrace.







## THE BRYN MAWR TERRACE LIFESTYLE. DESIGNED FOR LIVING WELL!

At Bryn Mawr Terrace, we understand that while our residents have chosen us for the exceptional care we offer, they deserve so much more. From charming, comfortable surroundings that feel like home, to a host of life enriching amenities, we offer a lifestyle to be thoroughly enjoyed.

### COMMUNITY AMENITIES.

Both the building and the programs at Bryn Mawr Terrace have been designed to enhance the lives of our residents. To accommodate the variety of therapeutic recreation programming, Bryn Mawr Terrace offers lounges, an activities room and multiple outdoor patios. Additionally, several private areas are available for residents to entertain visitors.

### EXCEPTIONAL DINING.

With a reputation for fine cuisine and attention to service, Bryn Mawr Terrace offers an outstanding dining experience. Meals are served in a beautifully appointed dining room where our trained servers take time to assist residents with daily menu choices. Because we know that enjoying delicious food is one of life's greatest pleasures, a dietitian meets individually with each resident to customize a nutritional plan, focusing on personal tastes and needs.

### RELIGIOUS SERVICES.

Residents have the opportunity to attend religious services in-house, representing a variety of faiths. Many religious holidays are observed and celebrated.





# MAIN LINE

## SENIOR CARE ALLIANCE

*CELEBRATING  
150 YEARS!*

A Healthy Tradition of Care and Wellness

### MAIN LINE SENIOR CARE ALLIANCE.

A management company formed in 2012, Main Line Senior Care Alliance oversees the operations of its two affiliated healthcare and rehab centers, Saunders House and Bryn Mawr Terrace.

The 2007 affiliation of the two centers – each located near a major community hospital (Lankenau and Bryn Mawr Hospitals) – enables the organization to serve older adults from two convenient locations.

Main Line Senior Care Alliance serves as a valuable resource for older adults and their families in the community who are in need of senior lifestyle and healthcare services.



## CARING FOR OUR NEIGHBORS.

Bryn Mawr Terrace is a non-profit leader in providing exceptional care and services, as well as community-based education and resources, to those we serve. Bryn Mawr Terrace accepts Medicare and also has contracts with a variety of managed care providers. Some residents may have long-term care or private insurance that will pay for their care.

### WE'D LOVE TO TALK WITH YOU.

If you would like more information about Bryn Mawr Terrace or would like to schedule a tour, we invite you to call us at 610.525.8300.

### CONVENIENTLY LOCATED.

Bryn Mawr Terrace is located on Haverford Road, approximately one-half mile southeast of Bryn Mawr Hospital.

From Route 30 in the center of Bryn Mawr:

Head south on Bryn Mawr Avenue and turn left at the second traffic light. Travel east on Haverford Road and turn left into Bryn Mawr Terrace just as the road curves. Bear left for visitor parking.



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